

Unit 10 – Viva lo sport! (Our sporting lives)

About the unit

In this unit children learn the names for some sports. They learn the names of some food and drinks associated with healthy and unhealthy lifestyles. They revise the days of the week and learn to say what activities they do on particular days.

Where the unit fits in

Children have already learnt some words for sports (Unit 3). They can apply their knowledge of the days of the week (Unit 7) to work on a diary of activities. They have opportunities to add to the range of healthy foods learnt previously (Units 5 and 6).

Prior learning

It is helpful if children already know:

- some sports and activities
- some items of food
- the days of the week
- how to perform a role-play with a partner.

New language

- Making simple statements (about activities and diet)
- Questions with *Che...?*
- *fare – io faccio – tu fai*
- *giocare a / al* (+ sport)
- *fare del / dello / della* (+ sport)

Resources

- Images of sports
- Word flashcards for sports (with picture symbols)
- Picture of a famous sportsperson
- Picture flashcards of food and drink
- Word cards of food and drink
- Paper plates
- Role-play grids
- Word banks
- Materials for making posters

Links with other subjects

Primary framework for literacy: use knowledge of phonics, morphology and etymology to spell new and unfamiliar words

Science: know about the need for food for activity and growth, and about the importance of an adequate and varied diet for health

Citizenship: know what makes a healthy lifestyle, including the benefits of exercise and healthy eating, what affects mental health, and how to make informed choices

Art and design: use a variety of methods and approaches to communicate observations, ideas and feelings, and to design and make images and artifacts

Geography: use maps at a range of scales

Expectations

At the end of this unit

Most children will: say some sports that contribute to a healthy lifestyle; make a weekly record of sporting activities; understand related written information; know the names of some food and drinks

Some children will not have made so much progress and will: respond with an action to prompts about sporting activities; listen and respond to the names of food and drinks; copy or label single words or short phrases

Some children will have progressed further and will: express spontaneous opinions about sporting activities, food and drinks; make a weekly record of sporting activities from memory; research new vocabulary using a bilingual dictionary and apply it accurately in their writing

Language

Core language

Che cosa fai... (lunedì)? What are you doing / do you do (on Monday)?

Gioco a tennis / cricket / basket I play tennis / cricket / basketball

Vado in bicicletta / faccio danza / nuoto I ride my bike / dance / swim

zero zero

il succo d'arancia orange juice

lo yogurt yoghurt

il pesce fish

una mela an apple

le carote carrots

la cioccolata chocolate

la coca cola coca-cola

le patatine fritte chips

le caramelle sweets

Sì, fa bene alla salute Yes, it's good for your health

No, non fa bene alla salute No, it's bad for your health

Additional language for teachers

Giocate Play (polite / as an instruction)

Mangiate Eat (polite / as an instruction)

Bevete Drink (polite / as an instruction)

un diario a diary

Che cosa fai per mantenerti in forma? What do you do to keep fit?

LEARNING OBJECTIVES CHILDREN SHOULD LEARN	POSSIBLE TEACHING ACTIVITIES	LEARNING OUTCOMES CHILDREN	POINTS TO NOTE
Section 1. Talking about sports			
<ul style="list-style-type: none"> • to listen for specific words and phrases (O4.2) • to read and understand a range of familiar written phrases (L4.1) • to use mental associations to help remember words (LLS) 	<ul style="list-style-type: none"> • Use images from magazines, newspapers or from the internet to revise <i>io gioco a calcio</i> and to introduce <i>gioco a tennis / cricket / basket</i>. • Introduce other sports in the same way: <i>faccio danza / nuoto / pattinaggio / ginnastica</i>. • Model actions for the sports and say the phrases. Children repeat and copy the actions. • Say the word or phrase for the sports and invite children to complete the action. • Play: <i>Simone dice</i>. • Show word flashcards for the sports as you say them. Children repeat. • Discuss what the children notice about the written forms. Are there any similarities with English or other languages that could help them remember? Draw attention to the English words used for some sports. • Ask children to come to the board and place the appropriate written expression next to the image from the first activity. This can be done as a team game. • Divide the class into groups. Give each group a sport for which they must make a tableau. Each child has to be involved. Give the class a countdown in Italian of the numbers 10 to zero. On <i>zero</i> each group 'freezes' their tableau. • Extension: Children look up other sports in a bilingual dictionary and make a word bank. 	<ul style="list-style-type: none"> • understand the phrases for different sports in Italian • recognise some of these phrases in written form 	<ul style="list-style-type: none"> • When introducing sports, it is a good idea to teach the phrases that use <i>fare</i> separately from those with <i>giocare</i>. • Use props to introduce the sports, such as a cycle helmet, football, etc. • Add picture symbols of sports to the word flashcards, to support less confident readers. The interactive whiteboard may be used to present the language and play team games. • Set the rules for the team game so that children lose a point for shouting out. • Follow-up: Throughout the week, practise the new language by playing miming games and <i>Simone dice</i>. • Follow-up: Do the actions as a warm-up or warm-down activity in PE. They can also be done as a short 'brain break' between other curriculum activities. • Follow up: Many children will be familiar with Italian football clubs. • The most popular teams have websites that children might wish to explore.

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Section 2. Healthy eating			
<ul style="list-style-type: none"> • to use physical response to show recognition and understanding of specific words and phrases (O4.2) • to memorise and present a short spoken text (O4.1) • to read and understand a range of familiar written phrases (L4.1) • to use mental association to help remember words (LLS) 	<ul style="list-style-type: none"> • Revise the sports and actions from the last session. • Display a picture of a famous sportsperson on the board. Discuss how this person stays healthy. • Introduce a range of healthy and unhealthy food and drink with picture flashcards and / or real or plastic food items: <i>una mela, il pesce, la coca cola, la cioccolata, il succo d'arancia, lo yogurt, le carote, le patatine fritte, le caramelle</i>. With these nine items, make a Naught and Crosses grid. Divide the class into two teams and play the game or you can play against the class. • Provide prompts to help children remember the words. These could be stick pictures, sketches or word associations. Children suggest other prompts that are useful for them. • Use the prompts to see how well children remember the words. Discuss how these prompts helped them. • Explain that they are going to decide whether the food and drinks are healthy or unhealthy with <i>È buono / buona? or È cattivo / cattiva? Sono buoni / buone? Sono cattivi / cattive?</i> • Children discuss in English with their talk partners whether the sportsperson mentioned earlier would regularly eat this food or drink these drinks. Read the list of food and drinks and ask <i>È buono / buona? or È cattivo / cattiva?</i> • Children respond with thumbs up / thumbs down and / or echo the phrases. • Extension: Children read authentic Italian menus and see how many foods and drinks they recognise. What strategies did they use to do this? 	<ul style="list-style-type: none"> • remember the names of some sports • name some food and drinks • talk about how they remember words and phrases 	<ul style="list-style-type: none"> • Use games and flashcard activities suggested in earlier units to consolidate this new language. • Follow-up: Throughout the week, revise the words using only the visual prompt to see how much children are able to remember. • Link with literacy work: The seventh activity links to literacy work in year 3, where children are taught to develop ideas through talk and explain or give reasons for their views or choices. • Follow-up: Investigate different aspects of healthy lifestyles and discuss during circle time or PSHCE. • The Italian words for vegetables taught in Unit 6 can be integrated into this unit.
Section 3. More healthy eating			
<ul style="list-style-type: none"> • to read and understand a range of familiar written phrases (L4.1) • to listen for sounds, rhyme and rhythm (L4.3) 	<ul style="list-style-type: none"> • Explain that you are going to give some instructions to a sportsperson. Ask children to act out the verbs e.g., <i>gioca a calcio!</i> (play football), <i>mangia una mela!</i> (Eat an apple) <i>Bevi un succo di arancia!</i> (Drink the orange juice). • Repeat but add in some unhealthy food and drinks. In response, children wag their fingers, look sternly at you and say <i>No, è cattivo / cattiva</i>. • Display the picture flashcards of food and drink. Read out a word card for each one. Ask children to come and stick these next to the correct picture. • Select one word card, read it aloud and give children two minutes to look at it. 	<ul style="list-style-type: none"> • read and recognise the names of some food and drink • spell some words for food and drink • say whether they think something is healthy or unhealthy 	<ul style="list-style-type: none"> • Children can practise writing words in the air, on mini-whiteboards or in sand. • Follow-up: Throughout the week, play <i>L'impiccato</i> (Hangman) to practise spelling vocabulary for food and drink. Children can say the letters in English and you repeat them in Italian.

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	<p>Cover it up and ask children to work in pairs and rewrite it from memory on a mini-whiteboard. Repeat with other words.</p> <ul style="list-style-type: none"> • Play Naught and Crosses. Divide the class into two teams. Show a grid with nine pictures of food and drink. To win a square, children must match the correct word card to the picture. If using the interactive whiteboard, ask the children to suggest which words should go in the grid. Have pictures from Unit 6 available on a different screen. If children can remember the words, drag them into the game grid. This is a simple way for you to encourage children to retrieve words from different contexts and also a way of assessing which words they know less well. • Play <i>Tombola</i> (Bingo). Children draw a grid with six pictures of food and drink. Show the word cards one by one, without saying the words. Children read and cross off matching pictures on their grid. • Create a table on the board with the headings <i>buono per la salute</i> and <i>cattivo per la salute</i>. Individual children come out and place picture flashcards in the right column. Repeat with the word cards. • Give children paper plates and ask them to create a healthy meal by drawing in at least four healthy foods. They label these in Italian. The plates can form part of a healthy eating display. 		<ul style="list-style-type: none"> • Follow-up: Make anagrams of the words for food and drinks. • Follow-up: Look at a food pyramid and discuss which foods we need for growth and activity. • To increase the level of challenge with a game of Naught and Crosses, ask the children to identify the coordinate of the square and to make a comment on the nature of the food or drink e.g., <i>C2, le patate, sono buone</i>. For further challenge, make a grid containing a mixture of activities and foods. To get the point, children will need to say a full sentence e.g., <i>giocare a calcio fa bene; mangiare una mela fa bene alla salute</i>.
Section 4. Diary of activities			
<ul style="list-style-type: none"> • to listen for specific words and phrases (O4.2) • to ask and answer questions on several topics (O4.4) • to read some familiar words and phrases aloud and pronounce them accurately (L4.3) • to recognise that texts in different languages will often have the same conventions of style and layout (KAL) 	<ul style="list-style-type: none"> • Display on the interactive whiteboard or flip chart a page from a week's diary: <i>lunedì</i> <i>martedì</i> <i>mercoledì</i> <i>giovedì</i> <i>venerdì</i> <i>sabato</i> <i>domenica</i> • Revise the days of the week by playing <i>leggi le mie labbra</i> (Read my Lips). Mouth the words for children to guess. Children take the lead in the next round. Chant the days as a class using different voices. • Add pictures from the first session to the diary, saying <i>il lunedì gioco a</i> 	<ul style="list-style-type: none"> • say the days of the week • understand the layout of a Italian diary • listen to and understand the content of a diary when read aloud 	<ul style="list-style-type: none"> • Follow-up: The class draw up their own diary for the week, showing who does which activities after school. If the school has a Italian-speaking partner school, this can be sent to them. • Follow-up: Throughout the week, sing the days of the week to the theme tune of 'The Flintstones'. • Follow-up: Children set up a rota of playground games for each day, with the days written in Italian.

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	<p>calcio. Martedì gioco a tennis, etc.</p> <ul style="list-style-type: none"> • Say the days of the week in order. Children mime the action and say the appropriate sentence. Repeat, with the days in random order. • Ask children to make a similar diary page or give them a template. Read aloud another 'diary' and children sketch the activity against the appropriate day. They compare their diary pages in pairs and feed back. • Extension: Ask the question <i>Che cosa fai il lunedì?</i> (What are you doing on Monday?) to elicit responses about their diary. 		
Section 5. Comparing activities with a friend			
<ul style="list-style-type: none"> • to listen for specific words and phrases (O4.2) • to ask and answer questions on several topics (O4.4) • to write simple words and phrases using a model and some words from memory (L4.4) • about some aspects of everyday life and compare them with their own (IU4.2) • to recognise that texts in different languages will often have the same conventions of style and layout (KAL) 	<ul style="list-style-type: none"> • Revise the days of the week by playing <i>Leggi le mie labbra</i> (Read my Lips). • Play Ping-Pong with the days of the week e.g., you say lunedì and children say martedì, etc. • Revise sports phrases with actions as a prompt. Play Charades, where one child does the action and the class guess the phrase. • Display the diary from the previous session. Introduce the question <i>Che cosa fai il lunedì?</i> Ask children to guess what this means. Model the answer with actions e.g., <i>Il lunedì gioco a calcio</i>. Use the interactive whiteboard or presentation software to model sentences, using hyperlinks from each question to show a list of possible answers. Children could copy onto a mini-whiteboard the answers they prefer in order to build their own role-play. • Practise as a whole class, chanting the question and answers together. • Invite individual children to ask and answer the question. • The class comment constructively on children's use of language and give feedback. • Children work in pairs using role-play grids. Partner A asks, for example, <i>Che cosa fai il martedì?</i> Partner B answers, for example, <i>Martedì gioco a cricket</i>. Children may use actions to accompany their answer. • Extension: Children make up their own role-play grids to practise with a partner. • Some children will use single words to ask the question e.g., <i>Il lunedì?</i> and give single-word answers e.g., <i>a tennis</i>. • Play Pass the Phrase. Organise children into teams of six. The teams stand in lines. Whisper a different sports phrase to player one in each team. On the signal <i>uno, due, tre</i>, player one whispers the phrase to player two. This is then passed from player to player along the line. When the last player 	<ul style="list-style-type: none"> • answer when asked which sports they take part in • say on which day of the week they do a sport • write a simple sentence using a model for support 	<ul style="list-style-type: none"> • Role-play grids are a useful way of stimulating conversation between children in pairs. Each child has a different set of information and keeps their sheet secret from their partner. This offers the opportunity for genuine dialogue and this type of activity is sometimes called an 'information gap'. • In this session, the two partners will each have a copy of the diary template but with different pictures or symbols to denote their activities. • Follow-up: Throughout the week, display large word cards e.g., <i>lo / gioco / a / calcio / vado / in / bicicletta / faccio / ginnastica</i> + days of the week to give children an opportunity to build sentences. • Follow-up: Develop children's understanding of why exercise is good for the health. Investigations into the effect exercise has on the pulse rate can include counting in Italian. • Encourage class discussion with the history of Italian football on DVD

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	<p>receives the phrase, the team sits down. When all the teams are sitting down, ask player six from each team to say their phrase aloud.</p> <ul style="list-style-type: none"> • Children write a sentence for every day of the week using their speaking grids and a word bank for support e.g., <i>Il lunedì faccio ginnastica.</i> • Watch DVD clips of children in Italy enjoying participating in and watching sports. • Extension: Compare popular sports in Britain and Italy. Are there any sports that are particular to Italy? e.g., <i>Il Giro d'Italia / la Formula Uno</i> 		
Section 6. Making a poster			
<ul style="list-style-type: none"> • to write simple words and phrases using a model and some words from memory (L4.4) • to recognise that texts in different languages will often have the same conventions of style and layout (KAL) 	<ul style="list-style-type: none"> • Explain to the class that they will be sharing what they have learnt about healthy lifestyles in Italian. This will be in the form of posters to be displayed around the school. • Children work in groups to design a poster on healthy eating, sports or both, using the language that they have learnt so far. Some children can contribute by labelling pictures of food and drink with single words, whereas others will be able to write longer phrases. • Some children will need a word bank to help them. • Extension: Some children can express opinions about food, drink and sporting activities. They can justify these. 	<ul style="list-style-type: none"> • write simple words and phrases using a model and some words from memory • design an effective poster to communicate how to lead a healthy lifestyle 	<ul style="list-style-type: none"> • Follow-up: Throughout the week, revisit language from the unit with flashcards, games and songs. • Link with literacy work: The extension activity links to offering reasons and evidence for their views, which they experience in literacy from year 4 onwards.
	End-of-unit activities		

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<ul style="list-style-type: none"> to apply the knowledge, skills and understanding in this unit 	<ul style="list-style-type: none"> When the posters are finished, allow children to present them to the class before displaying them around the school. If the school has an Italian-speaking partner school, photographs of the posters can be emailed or sent through the post. 	<ul style="list-style-type: none"> design an effective poster to communicate how to lead a healthy lifestyle 	<ul style="list-style-type: none"> This may be an electronic presentation, so that children can practise presentation skills and use picture stimuli to produce full sentences. Follow-up: The class create an assembly on healthy lifestyles and include some of the Italian that they have learnt. The website Global Gateway provides opportunities for finding partner schools abroad: www.globalgateway.org.